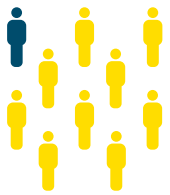


Hong Kong

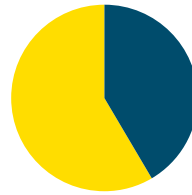
1 in 10 adults in Hong Kong, or 636,000 people, have diabetes, according to the Hong Kong Department of Health.³⁹

While awareness about the causes of diabetes is high – 41% incorrectly believe that diabetes is hereditary, while 61% understand that physical activity is a contributing high-risk factor – few are willing to take action, such as exercising with a diabetic family member or being screened for diabetes.⁴⁰



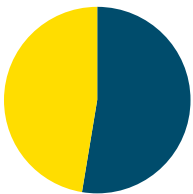
1 in 10

Number of people in Hong Kong who have diabetes.⁴¹



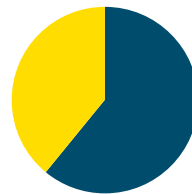
41%

Believe that diabetes is hereditary.⁴⁴



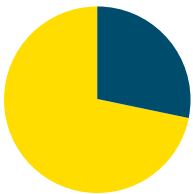
53%

Screened for diabetes.⁴²



61%

Understand lack of physical activity or exercise is a contributing factor for diabetes.⁴⁵



28%

Willing to exercise with a diabetic family member.⁴³

39. IDF Western Pacific members: Hong Kong <https://www.idf.org/our-network/regions-members/western-pacific/members/103-hongkong.html>

40. *Sun Life Financial Asia Diabetes Awareness Study 2018: Family and Diabetes* (Sun Life Financial Asia, November 2018).

41. IDF Western Pacific members: Hong Kong <https://www.idf.org/our-network/regions-members/western-pacific/members/103-hongkong.html>

42. Percentage of respondents in the *Sun Life Financial Asia Diabetes Awareness Study 2018: Family and Diabetes* (Sun Life Financial Asia, November 2018).

43. Ibid.

44. Ibid.

45. Ibid.